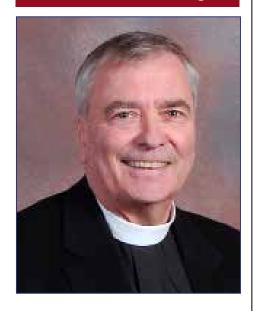


A Message from Your Priest in Charge



Dear Friends,

Icame across an article in the newspaper, courtesy of Al-Anon, that is just right for the beginning of a new year.

Just for today: I will live through this day only. I will not brood about or obsess about tomorrow.

Just for today: I will be happy. I will not dwell on thoughts that depress me.

Just for today: I will accept what is. I will face reality. I will correct those things that I can correct and accept those I cannot.

Just for today: I will improve my mind. I will read something that requires effort, thought and concentration. I will not be a mental loafer.

Just for today: I will make a conscious effort to be agreeable. I will be kind and courteous to those who cross my path, and I'll not speak ill of others.

Just for today: I will do something positive to improve my health. And I will get off the couch and take a brisk walk, even if it is only around the block.

Just for today: I will gather the courage to do what is right and take responsibility for my own actions.

Warmly,

Father Stephen

I Had the Best New Year's Day in Years

I had the pleasure, the blessing to spend a few hours this day with the Hanania family. They had gathered all the gifts, I simply went to carry a few things and observe. What I observed was joy and it was humbling.

Louise, Matthew, Samantha and Nathan collect blankets, warm cotton socks, granola bars and hand warmers to be given to the homeless people who live on the streets of Paterson. Louise knows the various locations around the city where she has observed the homeless people congregate. She knows her way around the city expertly.

We gave out 34 bundles of the things I described. Some people put the socks on immediately, they were all very grateful. We found some in the most sad of circumstances.

It was a memorable and blessed New Year's day for me. Thank you to the Hanania family for sharing it with me.

Deacon Barbara

The Work of Christmas

When the star in the sky is gone,

When the Kings and Princes are home,

When the shepherds are back with their flocks,

The work of Christmas begins

To find the lost.

To heal the broken.

To feed the hungry.

To release the prisoners.

To teach the nations.

To bring Christ to all.

To make music in the heart.

By Howard Thurman
Submitted by Deacon Barbara

Ash Wednesday

The penitential/preparatory season of Lent begins on Ash Wednesday, March 6. Traditional services – including the Imposition of Ashes – will be held at 10:00 am and 7:30 pm. Both services are celebrations of Holy Communion. At the 7:30 pm service hypoallergenic incense will be used and the choir will sing.





Spring Gala Tricky Tray

The Christ Church Spring **▲** Gala Tricky Tray will be held on Friday, March 29, 2019 at 7:00 pm! Please mark your calendars and start to think about what you can donate. We'd love to have themed baskets, or monetary donations. Do you have any Christmas gifts that you don't know what to do with? We'll gladly take them and use them in one of the baskets. Please consider asking your employer for a donation too. We love gift certificates to any business. If you have any specific talent, consider how that could be used...maybe you needlepoint, crochet, draw or paint, make something for us! Donations are accepted any time between now and the Tricky Tray. We also need lots of volunteers to help with wrapping, set up, baking, clean up etc. The sign up sheets are posted in the Parish Hall. Please help in any way that you can so we can make this a very successful fundraiser!

Entrance tickets are \$15 a person and can be purchased at Coffee Hours or by calling the Parish Office at 973-835-2207. A Prepack of bidding ticket is available if you pay for it in advance, a \$48 dollar value for a cost of only \$35!

January Vestry Meeting Highlights

The regular monthly meeting of the Priest in charge, Wardens and Vestry was held on Tuesday, January 22, 2019. The minutes of the previous meeting were approved. The actions of the Little Lamb, Shepherd's Haven, and Thrift Shoppe Management Groups were ratified. The report of the Treasurer was accepted subject to audit.

-The Income & Expense Report for the period ending December 31, 2018 was distributed.

-The Tricky Tray will be on March 29. Help is needed to organize it. Letters have been sent out asking for donations.

-A team will be established to support the Kanaan family. There are issues that they need help addressing.

-There will be a blood drive on March 23. Information will be in the bulletin when it becomes available.

-The Vestry nominations are as follows: Warden – Karen Bogert; Vestry for three year term -Janet Furness, Debbie Hoeflinger, Andy Shaw; Vestry for one year term- Lewis Marshall.

-A reminder that Vestry meetings are open to all parishioners. Anyone may come to listen to discussions and how decisions are made.

-A motion was passed to transfer \$39,848.00 from the Capital Campaign account to the Diocesan Investment Trust, to repay money that was borrowed. -A motion was passed to accept the 2019 Budget as prepared by the Finance Committee.

The minutes of the Vestry meeting will be posted on the bulletin board in the Parish Hall as they become available. The next meeting will be held on Tuesday, February 26, 2019.

Parish Survey of Talents and Skills for Service

After several months of planning, the Outside In/Inside Out Commission of the Vestry is pleased to announce the Parish Survey of Talents and Skills for Service. Please click on the link below and follow the directions to complete the survey. Remember to click "Submit" at the end of the survey. If you do not click "Submit" your survey will not be recorded. And your response is important to us, so remember to click "Submit." Thank you! If you have any questions, please contact the church office.

https://docs.google.com/forms/d/e/1FAIpQLSeTfeMysU6P3peA1X-Lef2nkVsvTuNePQl44GflpiK98SEhfg/viewform?usp=pp_url

Craig's List for Christ Church

If you have an item you would like to sell or donate, you can post it on the bulletin board on the wall outside of the kitchen door entering the Guild Hall. It's like a Craig's List for Christ Church! Remember, one man's trash is another man's treasure!



Another Successful Soup Off!

The Soup Off was another **■** success! Our 1st place winner was Kristie Mosley who made a tortellini soup with tomatoes and spinach. The 2nd place winner was Sue Cook with an upside down french onion soup. In 3rd place was Don Bogert with a sausage and lentil soup. The evening was enjoyed by over 90 people who came out on a cold night for fun, fellowship and some friendly competition! We would like to thank everyone who helped make the Soup Off the success it was. A huge thank you to our 8 soup makers! Each of the soups were delicious! Thank you to those who donated food items and dessert. Thank you to those who helped set up tables, who collected tickets, dishwashers, cleanup crew, to those who bought leftover soup. Thank you to everyone for supporting this "funraiser"which made over \$1,000.

Karen Bogert & Matt Hanania



Shrove Tuesday Pancake Supper

Our Annual Shrove Tuesday Pancake Supper will take place on March 5 in the Parish Hall. Supper will be served between 6:00 and 7:00 pm. There is no charge for this event. So that we know how many to cook for, please be sure to add your name to the sign-up sheet posted in the Parish Hall.

Blood Drive

Christ Church will host an America Red Cross Blood Drive on Saturday, March 23 from 8:00 am until 1:00pm in the Parish Hall. Appointments are preferred. To schedule an appointment, please visit www.redcrossblood.org and enter the sponsor keyword: Christ Church Pompton Lakes. If you have questions call 1-800-733-2767 or see Carole Turner.



The Wild Game Pot Luck Supper

On Sunday, March 10, at 5:30 pm, a pot luck supper will be held in the Parish Hall. Bill Calcagno will be providing the featured foods with a wild game theme. Please bring a side dish or dessert. A sign up sheet is posted in the Parish Hall so that you can indicate what you are bringing and how many will attend.

Break Bread with the Bishop

You, your family and your congregations are invited to partake of a light meal and then engage in a relaxed exchange of information, ideas and dreams with each other and with Bishop Carlye, and further explore the "Gifted, Called, Sent" theme highlighted at Convention 2019. You can select from one of these four gatherings:

Thursday, Feb. 28 at Epiphany and Christ Church, Orange Light supper 6:30 PM, program 7-9 PM, RSVP deadline Feb. 21

Thursday, Mar. 7 at St. Michael's, Wayne Light supper 6:30 PM, program 7-9 PM, RSVP deadline Feb. 28

Tuesday, Mar. 19 at St. Paul's, Chatham Light supper 6:30 PM, program 7-9 PM, RSVP deadline Mar. 12

Thursday, Apr. 4 at Messiah, Chester Light supper 6:30 PM, program 7-9 PM, RSVP deadline Mar. 28

To insure we have enough food for everyone, please RSVP online no later than one week before your desired gathering. For details and to RSVP, please use this link: https://dioceseofnewark.org/form/rsvp-breaking-bread-bishop.

Yoga with Claudia

Yoga classes with Claudia Grieder will continue on February 19, 26, March 5 and 12 in the Guild Hall. The price is \$10 per session. Come whenever you are available. No experience necessary. All you need is your mat. Everyone is welcome!

Thinking of You

The following Christ Church parishioners usually can't get to Church, but would love to receive a card saying that you are thinking of them:

- Mary Babb, 81 Burnside Place, Haskell, NJ 07420
- Marge Babyak, 5 Hill Court, Pompton Lakes, NJ 07442
- Quinnie Chillson, 506 Riverdale Boulevard, Pompton Lakes, NJ 07442
- Fran Kamer, 44 Lincoln Road, Kinnelon, NJ 07405
- Judy Loeb, Emeritus, 820 Hamburg Turnpike, Room 309, Wayne, NJ 07470
- Pat Sondermeyer,
 31 Matthews Terrace,
 Bloomingdale, NJ 07403

If you know of anyone else that would like to receive a card, please let the Parish Office know, 973-835-2207.

Christ Church T-Shirts for Sale

T-shirts with a Christ Church logo are available to be purchased. Take a look at them in the Guild Hall. It is a nice quality grey t-shirt with a black logo in the corner. Sizes small, medium and large are \$10 each. The extralarge size is \$12 each. There are also a couple of polo style t-shirts that are \$25 each. You can give your payment to Sue Helm or Alison Thornhill, or leave it in the Parish Office labeled for t-shirts.



Sunday School Update

n November and December, Lwe collected Christmas gifts to be donated. This year our collection was for children whose parents are incarcerated, arranged through the Episcopal Diocese. As always, our parishioners generously brought many gifts for this Christmas holiday collection, and these were donated in mid-December to ensure they reached the children in time for Christmas! We also collected gently used outer wear such as coats, hats, gloves, and scarves during December. These warm items were to be distributed to schools in Passaic County for children and parents without proper winter clothing. The many donations were greatly appreciated.



On December 16th, following the annual Christmas pageant (which featured many of the Sunday School children and was adorable!), the children par-

ticipated in our annual 'Cookie Bake". On this day, the children (shown here taking a break from their hard work) decorate cookies and the adults bake them. The cookies are put in holiday containers and are given to individuals who have difficulty getting to church. A local Girl Scout troop also made lovely decorations which we attached to the cookie containers for a beautiful gift. These were delivered to more than 20 homes after church on December 16th. We hope everyone had a joyous and peaceful holiday season!

Respectfully submitted by Karen Cahill for the

facebook

Christ Church is on Facebook

Christ Church is now on Facebook. Go to www.facebook.com/christchurchpompton to become a fan.

Open Enrollment at Little Lamb Children's Center

Little Lamb Children's Center is now accepting enrollment for all ages, 3 months to Kindergarten. Little Lamb, open all year from 7:00 am to 6:30 pm, provides a safe and caring learning environment for your children. We are a State licensed, air-conditioned facility with an enclosed outdoor play yard. For information, registration forms and rates contact the director at 973-835-2236 or littlelambcc@gmail.com

Choir Fund Raiser

 $\mathbf{\Lambda}$ 7e still want your electronics! The choir is still collecting electronics to recycle. We need old phones, Ipads, Ipods, hand-held games and of course used printer cartridges. The phones bring the most return but please remember to wipe them clean before you turn them in to us. We don't want your personal information to be vulnerable. Just bring in the old stuff and drop it in our box in the office. It's a winwin. They get recycled and we get some cash for new music.



Openings for New Clients at Shepherd's Haven

We would like to cordially invite you to come and spend time with us at Shepherd's Haven. We are a nonprofit activity and social center, where there is good food, great conversations and a lot of laughs. Our clients are great at trivia, enjoy painting, bingo, gardening, cooking, and games of skill and so much more. Come and meet some new people, our fabulous volunteers, and excellent staff. We are offering you a free day, with no obligations. We would love to see you and share with you a fun filled day. We are open Monday through Friday until 3:30pm. Call Leigh at 973-835-4747.

Wellness Ministry

n every first and third Sunday monthly, Carole Turner, RN will be available in the Guild Hall at 8:45 a.m. to check blood pressures and help anyone with health-related questions. Carole has been an emergency room nurse, a missionary nurse in Zimbabwe, a school nurse, and summer camp medical professional for the Girl Scouts. A member of the vestry here at Christ Church and on the Outside In/Inside Out Commission, Carole has made healing her mission in life. Recently she told us: "I welcome suggestions from anyone about health-related topics our community wants to hear about or support groups folks would be interested in or feel there is a need for. We have plans to begin a bereavement program this fall, including a support group." If you have ideas or messages for Carole Turner, leave a note in her mailbox outside the church office door or give the idea to Maureen in the office. And as Carole likes to say, "Be Well!"

Financial Clerks Needed

Volunteers are needed to be Financial Clerks, those who count and deposit the Sunday offering. If you are interested, please see Bruce Hetzel, or call him at 973-800-2725.





Parish Family Birthdays-December

If you have not yet informed the parish office of your birthdate, please call Maureen at 973-835-2207.

- 8 Cayla Coleburn
- 10- Kayla Longo
- 13 Emily Hoeflinger
- 13 Lip Siang Eng
- 16 Samantha Hanania
- 18 Pat Sondermeyer
- 22 Kristen Finger
- 27 Bruce Hetzel
- 28 Matthew Buginsky
- 29 Brian Buginsky

A Reminder...

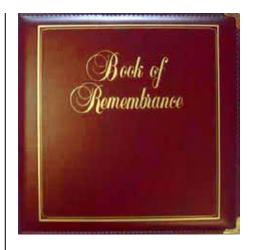
If you have not already done so, please renew your commitment to our Christ Church ministries by filling out and returning a 2019 Pledge Card. Extra pledge cards are available in the Vestry Room and in the Parish Office. You can put your card in the collection plate on Sunday, or bring it or mail it to the Parish Office, 400 Ramapo Avenue, Pompton Lakes, NJ 07442. Thank you very much for your stewardship of our congregation and of those who are served by our ministries!

Neighborhood Leaders Honored

n Sunday, February 10th, the 15 Neighborhood Leaders received recognition for their leadership of the Neighborhood Initiative, which extends to all the neighborhoods of our broad parish. Leaders drop everything and, as ambassadors of Christ Church, serve neighbors needing a ride to the grocery store or the doctor, help to move to a new home or from one room to another, taking meals or sitting with a sick family member, or meeting a stranger in the neighborhood facing the crisis of a fire, or flood, or a death in the family. Such service comes from loving hearts willing to reach out beyond what's familiar.

To encourage, support, and affirm our leaders, the best seller by Bob Goff, Everybody Always was placed in their hands at both services. Goff opens Chapter 1 with these words: "We don't need to be who we used to be; God sees who we're becoming - and we're becoming love." He reminds us through stories of his life as an attorney and a humanitarian that Jesus has given us all the power we need through his loving example. We don't need to worry about saying the right words, simply following his footsteps. It's a book for everyone, and it marks almost 3 years for our Neighborhood Initiative. YOU are in a neighborhood! Be sure to thank your Neighborhood Leader, too!

- Bloomingdale/Butler/ Kinnelon - Karen Bogert -973-634-0190
- GlenRock/North Haledon/ Totowa – Marianne Taylor -201-741-8825
- Haskell/Wanaque Joyce McDiarmid - 862-262-0719
- Oakland/Wyckoff/Franklin Lakes - Geri Sheehan -201-337-7395
- Pompton Lakes, Christ Church area - Nancy Dalzell -973-202-7704
- Pompton Lakes, Colfax -Matt & Louise Hanania -973-616-1604
- Pompton Lakes Hamburg Turnpike North - Alison Thornhill - 973-886-9728
- Pompton Lakes, Hamburg Turnpike North - Mary Ann Salerno-Fitzgerald -973-835-6553
- Pompton Plains/Pequannock - Megan & Kat Menezes
 - 201-575-9459
- Ringwood Joan Van Splinter - 973-856-4978
- **Ringwood** Sue Helm 973-856-2129
- Riverdale Bette Davis 973-809-1384
- Wayne Packanack Lake, Preakness - Cindy LoBue -973-694-7813
- Wayne Sheffield Barbara Hazelwood - 973-696-4966
- West Milford/Stockholm/
 Oak Ridge/Hewitt Barbara
 & Karl Schinke 973-557-5465
- Foreigners & Travelers (SW Morris Cty/Somerset County/ Princeton and beyond) -Andy Shaw - 973-927-0202



Book of Remembrance

Tf you would like a loved Lone's name inscribed in the Book of Remembrance. which resides in the case on the wall to the right of the Baptismal Font, please see Erica Stewart or any one of the Altar Guild members. The person's name, as you would like it to appear (for example, with or without a middle initial or name, etc.), and their birth and death year, will be inscribed in the book. Once a year, on All Saints' Day, or the Sunday after All Saints' Day, names added to the Book of Remembrance over the past 5 years or so are read. A \$5.00 donation to the Altar Guild is requested. Please email the name (as you would like it to appear in the book), the birth year and death year to qserica@gmail.com or sammysmommy1124@aol.com. The person's name, as you would like it to appear (for example, with or without a middle initial or name, etc.), and their birth and death year, will be inscribed in the book and read aloud next year during the Prayers of the People on All Saints' Day. A \$5.00 donation to the Altar Guild is requested.

Parish Classifieds

Luxury Vacations in Mexico and the Dominican Republic

Lyou at fabulous resorts in both Mexico and the Dominican Republic. Prices are extremely affordable. Dates and accomodations are are quite flexible. Advance planning is advisible. For pricing, availability, and accomodation details please see or call Cheryl Finger at 973-723-5044.



Personalized Cards

If you are looking for a convenient way to send out cards to friends, family, and/or business relations…look no further!

Order personalized cards with your name or signature printed directly on the card and return address printed directly on the envelope! This is a huge timesaving convenience!

Best of all, these cards are offered at a 20% discount and, in addition, Christ Church receives 7% back on the order...making your order a win-win for everyone.

The entire line of cards are available online for perusal at www.graphicinnovations.carlsoncraft.com. On the website, you will be able to select a stock verse or create your own, select typestyles, and personalize it

further by adding your name.

There are cards available for all budgets – go on, have some fun! Call Cheryl Finger with any questions or if assistance is needed at 973-616-0309.

To preview products online: www.graphicinnovations.carlsoncraft.com

Our Communal Kitchen

There are many of us who use the kitchen at the church. Those who do should bear in mind the following guidelines:

- Leave the kitchen the way you found it. Everything should be cleaned, hand-dried, and put away. The counters and work surfaces should be clean and free of clutter. It's really nice to come into a clean kitchen.
- If you use cloth towels it would be greatly appreciated if you can bring them home, add them to your own laundry, and return them.
- Make sure the refrigerator doors are completely closed.
- Lock all lockable cabinets before your departure.
- Your help with maintenance is greatly appreciated since there is no particular person in charge of our kitchen; therefore, we all are. Thank you in advance!





The Thrift Shoppe would like to invite you to visit our page on Facebook and on Yelp. We are in the process of trying to find new ways of advertising and are hoping to get you to help. If you are on Facebook or yelp, please visit our site and give us a review and Like our page. Please share our page with your Facebook friends. Our volunteers work very hard for an amazing cause and we want everyone to know about us!

The Thrift Shoppe is open Tuesdays from 3:15 pm until 7:00 pm, Thursdays from 4:00 pm until 8:00 pm, and Saturdays from 10:00 am until 3:00pm. Donations can be left in the shed located in the church parking lot to the right of the permanent storage shed. It is clearly marked with a sign for Thrift Shoppe drop-offs. The Thrift Shoppe is always in need of shopping bags. For more information please call Florence at 973-962-6289 or 925-640-3421.

Florence Loscalzo

Tenth Annual Wild Game Pot Luck Dinner

Sunday, March 10 at 5:30 pm



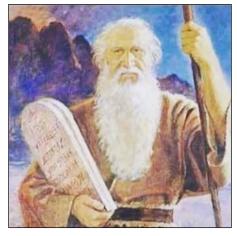
Food for Friends

The second Sunday of each month is the traditional day to receive your contributions of canned or packaged food stuff and for personal hygiene items for distribution through our Food for Friends program. Items may be placed in baskets at the baptismal font or in the Children's Chapel. You may also bring items any time during the month and leave them by the box in the Guild Hall.

Nursery Attendant

We once again have an attendant in the Nursery on Sundays during the 9:30 am service, where you may leave your little ones in capable hands if you so choose.

So, technically
Moses is the first
man to download
files from the cloud
using a tablet



Please contact Andy Shaw for a prize if you were able to read this!



Grocery Gift Cards

The painless fundraiser!

7hen you buy Grocery Gift Cards today, you'll have a good feeling knowing that Christ Church receives a nickel for every dollar you spend! Grocery gift cards are available from ShopRite and Stop & Shop in \$10, \$25, \$50 and \$100 denominations. All of the cards will carry any unused balance until you use it up. Perhaps you would consider donating a Shop Rite gift card to Shepherd's Haven or to Food for Friends. Cards are available from Joe Blauvelt after the coffee hours and Maureen Kilian in the church office during the week.



Cards of Remembrance

Cards of remembrance are for those who, on the death of a friend, desire to send a memorial offering to Christ Church, instead of sending flowers. The cards are available through the Parish Office.

The Episcopal Diocese of Newark Mission Statement

Equipping congregations...

Empowering people...

Engaging the world...

...with the hope and
justice of Jesus

Please contact Andy Shaw for a prize if you were able to read this!

Epistle

The newsletter of Christ Church, Pompton Lakes, New Jersey 973.835.2207 www.christchurchpompton.org

January/February 2019

Please submit all copy to Maureen Kilian, Parish Administrator in a typewritten format or e-mail to office@christchurchpompton.org by the 15th of each month.

The Epistle is designed by Graphic Innovations www.graphinn.com

Visit the parish calendar at the website at www.christchurchpompton.org